

EXTRA  
MISSION

07

# Fantastik'eau

I love water. I take care of it!

## IN HOT WATER



CYCLE 2

EXTRA  
MISSION

07

# Fantastik'eau

I love water. I take care of it!

## IN HOT WATER



STUDENT WORKBOOK  
CYCLE 2

**BACKGROUND**

Wasteful Wally steps under the shower and turns on the tap. Woah! The water is much too cold! He moves away and waits for the water to heat up. Conscious Charlie wonders how much water is wasted each time we want hot water. Do you know how to calculate it? Aqua-Mary might have an idea ...



THIS IS A JOB FOR  
**THE  
FANTASTIK'EAU  
CREW!**

**DO THIS ACTIVITY  
WITH JÉRÉMIE**

Watch the short video featuring Jérémie, and do the activity with him! All of the Fantastik'eau content and videos are available on the C.I.EAU's website at:

[www.cieau.org/fantastikeau](http://www.cieau.org/fantastikeau)

EXTRA MISSION  
07



**YOUR MISSION**

Let's calculate how much water we waste every time we leave it running until it becomes hot.



**WARNING**

Hot tap water can cause burns. The risk of burns depends on the water temperature, the settings of the hot water tank, the duration of the exposure, and the skin's resistance to heat.

**INSTRUCTIONS**

Take a large bucket. Put it under a tap in your home, for instance, in the kitchen. Turn on the hot water, and collect all the water that falls into the bucket until the water is hot. You can test this in different rooms of your home or at school.

**OBSERVATIONS**

What volume of water did you collect with the different taps you tested?

ROOM	VOLUME OF WATER WASTED
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



**CRYSTAL CLEARWATER** : To calculate the water's temperature from one room to another, use a thermometer. To better compare your data, make sure you reach the same temperature each time.

You can set a limit at 37 °C (98 °F), which is equal to the average temperature of the human body.

Be careful with the heat of the water!



Kitchen



Shower



Bathroom



Bathtub



Half bathroom



Garage



## CONCLUSION

In what room of the house do you waste the most water before it becomes hot? Why is that, in your opinion?

---



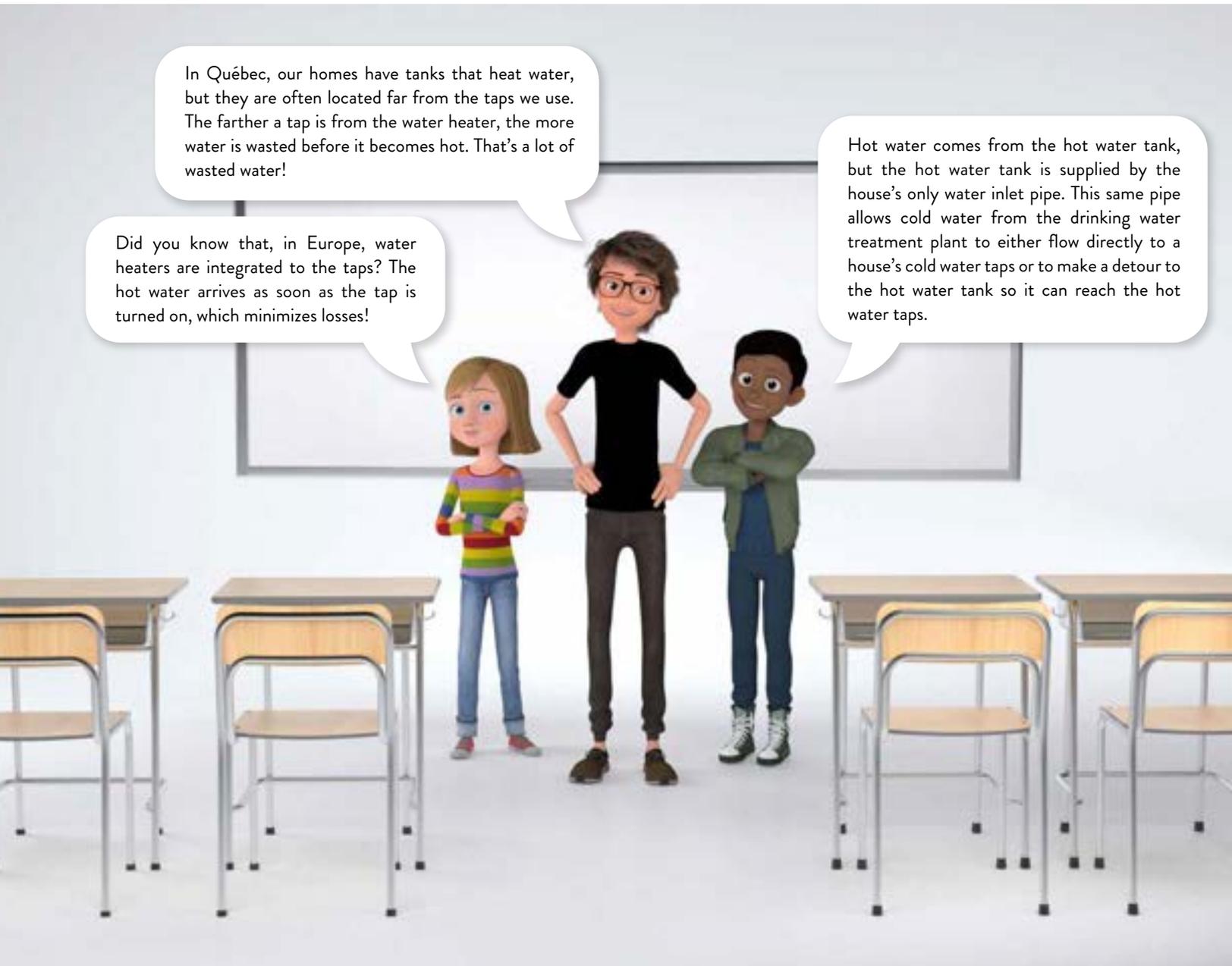
---

## USEFUL TO KNOW

In Québec, our homes have tanks that heat water, but they are often located far from the taps we use. The farther a tap is from the water heater, the more water is wasted before it becomes hot. That's a lot of wasted water!

Did you know that, in Europe, water heaters are integrated to the taps? The hot water arrives as soon as the tap is turned on, which minimizes losses!

Hot water comes from the hot water tank, but the hot water tank is supplied by the house's only water inlet pipe. This same pipe allows cold water from the drinking water treatment plant to either flow directly to a house's cold water taps or to make a detour to the hot water tank so it can reach the hot water taps.





## DIVING DEEPER

We just calculated how much water is lost each time we leave it running until it gets hot. Now, the Fantastik'eau Crew invites you to launch an investigation into your family's general water consumption. Fill out the Water Expert's Report and make recommendations! Can you and your family follow them for an entire year?

### DIRECTIONS

Fill out the Water Expert's Report using the "Average Amount of Water Consumed Based on Uses" table, which is found on page 146. You will find a list of the various actions that require the use of drinking water on a daily basis.

Before calculating your family's actual water consumption, form an hypothesis. How many liters of water do you assume your family consumes everyday?

---

**DAY 1 :** Calculate your family's actual daily water consumption.

To do so, find the activity in the "Average Amount of Water Consumed Based on Uses" table.

Determine whether the water use was regular or economical during the activity.

Write down the number of litres per use for this activity in the "average consumption (L)" column of your Water Expert's Report.

In the "frequency" column, indicate how many times the activity takes place during the day.

Afterwards, multiply the "average consumption (L)" required to do the activity by the "frequency." Enter this value in the "Partial Total" column.

Add the partial totals; this global total is your family's actual daily water consumption.



**JÉRÉMIE :** If you identify an action that is not found in the "Average Amount of Water Consumed Based on Uses" table, you can estimate the amount of water consumed based on other similar actions.

**DAY 2 :** Recalculate your family's water consumption after behaviours have been changed according to your recommendations.

**WATER SAVINGS ACHIEVED :** To calculate the water saved, subtract the total water consumption of Day 2 from the total water consumption of Day 1.



**CRYSTAL CLEARWATER :** Every person only needs two litres of water a day to properly hydrate his or her body. However, we need much more water to meet what we consider to be our daily needs.



**WALTER :** Our drinking water is so easily accessible that we rarely pay attention to the amount we consume. That's why we waste so much of it! Elsewhere in the world, many people only have a few litres of water a day to meet their needs.



**CRYSTAL CLEARWATER :** In Québec, the average residential consumption of water is 268 litres per person per day. That's huge! It's even more than the Canadian average, which is estimated at 235 litres per person per day.



**AQUA-MARY :** Did you know that some Europeans consume a lot less water than here in Québec? And yet, their quality of life is similar to ours. They waste less water because they must pay for their water based on the quantity they consume. Water meters also have their disadvantages, but they do avoid waste!





## AVERAGE AMOUNT OF WATER CONSUMED BASED ON USES

ACTION	Means	REGULAR USE		ECONOMICAL USE	
		Description	Number of LITRES (L) per use	Description	Number of LITRES (L) per use
<b>BATHROOM</b>					
Washing	Bath	Tub quite full	150	Tub 1/3 full	50
	15-minute shower	Regular shower head	210	Low-flow shower head	85
	5-minute shower	Regular shower head	70	Low-flow shower head	30
Brushing teeth	Tap on while brushing	Without faucet aerator	17	With faucet aerator	9
	Tap off while brushing	Without faucet aerator	4	With faucet aerator	2
Washing hands	Tap on	Without faucet aerator	8	With faucet aerator	4
	Tap off while lathering	Without faucet aerator	5	With faucet aerator	3
Using the toilet	Flushing	Traditional toilet	13	Recent toilet	6 or 4,8
<b>KITCHEN</b>					
Drinking cold water	From the tap	Letting water run until cold	4	Pitcher in fridge	1
Preparing meals	Washing vegetables	Under running water	5	In a bowl of water	2
Washing dishes	Dishwasher	Regular cycle	38	Eco cycle	16
	Handwashing	Under running water	45	In a bin	30
<b>ELSEWHERE IN THE HOUSE</b>					
Washing clothes	Washer (washing machine)	Traditional washing machine	87	Front load (or water efficient) washer	57
Leak	Toilet leak	Active leak, one day	550	Leak repaired	0
	Tap leak	Active leak, one day	50	Leak repaired	0
<b>OUTDOORS</b>					
Washing car	With a hose	Traditional hose	375	Pressure washer	120
	With a bucket and wash mitts	Rinsing with hose	70	Rinsing with bucket	24
Watering grass	Automatic watering system	For one hour	500	For 15 minutes	125
	Hose with gun	For 30 minutes	250	Only on flowers/fruits/vegetables	100
	Manually, with watering can	Ten loads (5 L)	50	From a barrel of rainwater	0

**Note :** These consumption values are approximate. They will vary greatly based on the hypotheses advanced or the methods used. Some values were also rounded to simplify your calculations.

## EXCERPT FROM:

Fantastik'eau! I love water, I care for it! :

The Fantastik'eau educational package: Complete Guide, 2<sup>nd</sup> edition

This educational package was created by the CENTRE D'INTERPRÉTATION DE L'EAU

12 Hotte Street, Laval (Québec) H7L 2R3

Phone and fax: 450 963-6463

www.cieau.org • info@cieau.org

## CREDITS

This educational package was created by the Centre d'interprétation de l'eau (C.I.EAU), with the financial support of the Québec Ministry of Municipal Affairs and Housing (MAMH).

The C.I.EAU would like to thank everyone involved in the production of these materials, including all creative resources, technical and educational advisors, translators, and anyone whose ideas enriched the content of the Fantastik'eau! I love water. I take care of it! project.

The full list of people who contributed to the project (employees, volunteers, contract workers) is displayed on the C.I.EAU's website.

Collaboration—education: Virus 1334, Le Récit

Graphic design: Virus 1334

Illustrations: Simon Says Design

The following is a list of books, websites, pages, and publications dealing directly with the subjects covered in the Fantastik'eau educational package.

## BIBLIOGRAPHY

American Water Works Association. *The Water Dictionary*, 2010, 717 pages.

Réseau Environnement. *Le contrôle des fuites*, 1999, 54 pages.

Canadian Mortgage and Housing Corporation. *Household Guide to Water Efficiency*, 2005, 77 pages.

## WEBOGRAPHY

All links associated with the references in this webography were functional on November 24, 2021.

American Water Works Association. Organization dedicated to water resource management. [www.awwa.org](http://www.awwa.org)

Centre d'interprétation de l'eau (C.I.EAU) [www.cieau.org](http://www.cieau.org)

Centre d'information sur l'eau. Les ressources en eau dans le monde.

[www.cieau.com/les-ressources-en-eau/dans-le-monde/ressources-en-eau-monde](http://www.cieau.com/les-ressources-en-eau/dans-le-monde/ressources-en-eau-monde)

Eau Secours - *Comment l'eau est utilisée à l'échelle de la planète ? L'eau en chiffres*. [eausecours.org/leau-en-chiffres](http://eausecours.org/leau-en-chiffres)

EnviroCompétences – *Étude sur la main-d'œuvre de la filière eau*.

[www.envirocompetences.org/media/publications/RapportEnviroCompences-tudesurlamaindoeuvredanslesecteur-eau-VF.pdf](http://www.envirocompetences.org/media/publications/RapportEnviroCompences-tudesurlamaindoeuvredanslesecteur-eau-VF.pdf)

Ministère des Affaires municipales et de l'Habitation (MAMH). *2019–2025 Québec Strategy to Save Drinking Water (French only)*

[www.mamh.gouv.qc.ca/fileadmin/publications/grands\\_dossiers/strategie\\_eau/strategie\\_eau\\_potable.pdf](http://www.mamh.gouv.qc.ca/fileadmin/publications/grands_dossiers/strategie_eau/strategie_eau_potable.pdf)

Québec Ministry of Education and Higher Education of Québec. Programs of Study.

[www.education.gouv.qc.ca/en/teachers/programs-of-study](http://www.education.gouv.qc.ca/en/teachers/programs-of-study)

Québec Ministry of Sustainable Development, Environment, and Fight Against Climate Change.

Directory of drinking water distribution systems, groundwater supplied (French only):

[www.environnement.gouv.qc.ca/eau/potable/production/index\\_st.asp](http://www.environnement.gouv.qc.ca/eau/potable/production/index_st.asp)

Québec Ministry of Sustainable Development, Environment, and Fight Against Climate Change.

Directory of drinking water distribution systems, freshwater supplied (French only):

[www.environnement.gouv.qc.ca/eau/potable/production/index.asp](http://www.environnement.gouv.qc.ca/eau/potable/production/index.asp)

Réseau Environnement - *PEXEP-T Programme d'excellence en eau potable - Traitement*

[reseau-environnement.com/secteurs/eau/programmes/programme-dexcellence-en-eau-potable-traitement-pexep-t](http://reseau-environnement.com/secteurs/eau/programmes/programme-dexcellence-en-eau-potable-traitement-pexep-t)

Safe Drinking Water Foundation. *Bottle Water Fact Sheet*.

[www.safewater.org/fact-sheets-1/2017/11/16/bottled-water](http://www.safewater.org/fact-sheets-1/2017/11/16/bottled-water)

# Fantastik'eau

I love water. I take care of it!



---

**ENJOYED THE EXPERIENCE? VISIT THE C.I.EAU'S WEBSITE  
FOR EVEN MORE EDUCATIONAL CONTENT:  
[CIEAU.ORG](http://CIEAU.ORG)**

---

## **SPECIAL THANKS**

This project was made possible thanks to the support of the Ministry of Municipal Affairs and Housing.